Lauds Propers

Thursday Week IV

7 Apr 2011

Invitatory Psalm Antiphon

Come, today, and listen to his voice: do not harden your *hearts.*

First Psalm

Psalm 143

A prayer in a time of trouble

Cantor: In the morning let me know your love, O *Lord.*

East Choir:

Lord, listen to my **pray**er: *
in your faithfulness turn your ear to my pleading;
in your justice, hear *me.*
Do not judge your **serv**ant: *
nothing that lives can justify itself before *you.*
In the morning let me know your love, O *Lord.*

West Choir:

The enemy has hounded my **spi**rit, *
he has crushed my life to the ground,
he has shut me in darkness, like the dead of long a*go.*
So my spirit trembles with**in** me, *
my heart turns to *stone.*
I remind myself of the days **of** old, *
I reflect on all your works,
I meditate once more on the work of your *hands.*
I stretch out my arms **to** you, *
I stretch out my soul, like a land without wa*ter.*
In the morning let me know your love, O *Lord.*

East Choir:

Come quickly and hear me, **O** Lord, *
for my spirit is weake*ning.*
Do not hide your face **from** me, *
do not let me be like the dead,
who go down to the under*world.*
Show me your mercy at **day**break, *
because of my trust in *you.*
Tell me the way I should **fol**low, *
for I lift up my soul towards *you.*
Rescue me from my e**ne**mies: *
Lord, I flee to you for re*fuge.*
Teach me to do **your** will, *
for you are my *God.*
In the morning let me know your love, O Lord.

West Choir:

Your good spirit will lead me to the land of **jus**tice; *
for your name's sake, Lord, you will give me *life.*
In your righteousness you will lead **my** soul *
away from all tribula*tion.*

In the morning let me know your love, O Lord.

Full Choir: *(profound bow)*
Glory be to the Father and to the Son and to the Holy **Spi**rit, *
as it was in the beginning is now,
and ever shall be world without end. A*men.*

Cantor:
Lord Jesus, early in the morning of your resurrection, you made your love known and brought the first light of dawn to those who dwell in darkness. Your death has opened a path for us. Do not enter into judgment with your servants; let your Holy Spirit guide us together into the land of justice.

Full Choir:
In the morning let me know your love, O *Lord.*

Canticle

Isaiah 66

Comfort and joy in the holy city

Cantor:
The Lord will send peace flowing like a river upon Jerusa*lem.*

East Choir:
Rejoice with Jerusalem and be glad with her, all you who **love** her; *
rejoice with her, rejoice, all you who mourned for *her.*
Suck and be filled at the breast of her conso**la**tion; *
draw on the nipples of her glory, and overflow with de*lights.*
For the Lord says *this:*

West Choir:
Behold, I will bring her peace as if it were a **ri**ver; *
like an overflowing torrent, the glory of the Gen*tiles.*
You will suck, be borne on **her** hips, *
and they will caress you as you lie in her *lap.*

East Choir:
As a mother comforts its child, so shall I com**fort** you: *
you will be comforted in Jerusa*lem.*
You will see, and your heart will **re**joice, *
and your bones will flourish like living *grass.*

Full Choir: *(profound bow)*
Glory be to the Father and to the Son and to the Holy **Spi**rit, *
as it was in the beginning is now,
and ever shall be world without end. A*men.*

Full Choir:
The Lord will send peace flowing like a river upon Jerusa*lem.*

Second Psalm

Psalm 147

The Lord's goodness and power

Cantor:
To our God be joyful *praise.*

East Choir:
Praise **the** Lord! *
It is good to sing praise to our God;
it is a joy to sing his prais*es.*
To our God be joyful *praise.*

West Choir:
The Lord rebuilds Jeru**sa**lem: *
he will call back Israel from ex*ile.*

He heals bro**ken** hearts *
and binds up their *wounds.*
He counts all **the** stars; *
he calls each of them by *name.*
Our God is great and great is **his** strength, *
his wisdom is not to be meas*ured.*
The Lord supports the **nee**dy, *
but crushes the wicked to the *ground.*
To our God be joyful *praise.*

East Choir: Sing out to the Lord in thanks**giv**ing, *
sing praise to our God on the *harp.*
He covers the sky with **his** clouds, *
he makes rain to refresh the *earth.*
He makes grass grow on **the** hills, *
and plants for the service of *man.*
He gives food to grazing a**ni**mals, *
and feeds the young ravens that call on *him.*
He takes no delight in the strength of **the** horse, *
no pleasure in the strength of a *man.*
The Lord is pleased by those who hon**our** him, *
by those who trust in his kind*ness.*
To our God be joyful *praise.*

Full Choir: Glory be to the Father and to the Son and to the Holy **Spi**rit, *
(profound bow) as it was in the beginning is now,
and ever shall be world without end. A*men.*

Cantor: God our Father, great builder of the heavenly Jerusalem, you know the number of the stars and call each of them by name. Heal hearts that are broken, gather together those who have been scattered, and enrich us all from the plenitude of your eternal wisdom.

Full Choir: To our God be joyful *praise.*

Reading

1 Kings 8:51-53

Lector: Lord, we are your people and your heritage. Be always watchful for the entreaty of your servant and of your people Israel, and listen to us whenever we call to you. For it was you who set us apart from all the peoples of the earth to be your own heritage.

(Silent Reflection)

Responsory

Lector: He himself will free me from the hunter's snare.
Full Choir: – *He himself will free me from the hunter's snare.*
Lector: And from evil slander.
Full Choir: – *He himself will free me from the hunter's snare.*
Lector: (all: profound bow) Glory be to the Father and to the Son and to the Holy Spirit.
Full Choir: – *He himself will free me from the hunter's snare.*

Benedictus Antiphon

‘I do not depend on human testi**mo**ny: *
no, it is for your salvation that I speak of this,’ says the *Lord.*

Intercessions

Lector: *Let us give praise and reverence to God, who revealed himself in Christ. From the depths of our hearts we pray:*
Full Choir: – *Remember us, Lord, for we are your children.*
Lector: Give us a deeper understanding of the mystery of your Church,
so that she may become a clearer means of salvation for us and for the world.
Full Choir: – *Remember us, Lord, for we are your children.*
Lector: You love mankind: give us the gift of building up our human society,
always looking forward to the coming of your kingdom.
Full Choir: – *Remember us, Lord, for we are your children.*
Lector: When we thirst, teach us to run to Christ,
the spring from which living water flows.
Full Choir: – *Remember us, Lord, for we are your children.*
Lector: Forgive us our transgressions
and guide our steps on the path of righteousness and truth.
Full Choir: – *Remember us, Lord, for we are your children.*

Prayer

Merciful Father, may the penance of our lenten observance make us your obedient people. May the love within us be seen in what we do and lead us to the joy of Easter. Grant this through our Lord Jesus Christ, your Son, who lives and reigns with you and the Holy Spirit, one God, for ever and ever.